



JOIN US FOR A **Smart Cycling Class**

from the League of American Bicyclists

Taught by Cynthia Hoyle, FAICP
League Certified Instructor

Bicycling 123 for Adults

Course description:

This is a course for adult cyclists who know how to bicycle but want to learn basic safety skills. The class will include learning proper riding techniques for riding safely in and out of traffic as well as Illinois Rules of the Road. for bicyclists.

Students will need to provide their bicycle and helmet (helmets are required). Student are also required to complete the online bicycle safety quiz prior to attending the class at: <http://www.bikesafetyquiz.com/>

