



JOIN US FOR A **Smart Cycling Class**

from the League of American Bicyclists

Taught by Cynthia Hoyle,
League Certified Instructor (LCI)

Traffic Skills 101

Course Description:

This class will teach you emergency maneuvers, roadway safety skills and more. The 9-hour course is organized into two parts:

Part 1: 4.5-hour online classroom instruction available for free at bikeed.org.

Part 2: 4.5-hour on-bike instruction includes: basic bike handling skills, emergency maneuvers, and a supervised road ride to practice new skills.

