

What is a Bike Rodeo?



Bicycle Rodeos are usually designed for children 5 to 12-years-old. A typical bicycle rodeo has seven to eight different stations each of which teach a bicycle skill. The course is usually set-up using a chalk course that the children ride through. The objective of each station is to make sure that children know how to operate his or her bike correctly and have fun!

Typical stations are:

- Helmet & bike fitting
- Starting/stopping/straight line riding
- Obstacle avoidance/weaving
- Scan/signal/turn
- Changing direction/turning in circles/yielding
- Balance practice riding the bicycle very slowly in a Snail Race
- Cycling games for children learning to ride a bike between the ages of 4 and 8

After each child is finished with the bicycle course/games they return the bike and helmet and receive a prize like a sticker, reflector, t-shirt, etc.

